

# COURSE CATALOGUE



# TABLE OF CONTENTS

| 02 | About Us                             |
|----|--------------------------------------|
| 03 | Key Information                      |
| 04 | Our Venues                           |
| 05 | Adult Migrant English Program (AMEP) |
| 07 | Language, Literacy & Numeracy        |
| 10 | Computer Courses                     |
| 13 | Skills for Work, Life & Study        |
| 17 | Neighbourhood House Activities       |
| 20 | Neighbourhood House Programs         |
| 22 | Our Projects                         |
| 22 | Our Events                           |
| 26 | Where to next                        |

# ABOUTUS

"Education & fostering community is at the heart of what we do."

#### O INTRODUCTION

Olympic Neighbourhood House (ONH) is a not-for-profit community centre located in West Heidelberg. We are committed to delivering a wide range of adult English language, literacy and numeracy classes along with community activities. Our courses aim to increase employment opportunities, foster personal growth and wellbeing and enhance social cohesion.

Our community is diverse, with people from different cultures, beliefs, abilities, ages, sexualities, gender and identities. We are committed to inclusion, access and equity for everyone.

We offer courses and programs in the following areas:

Adult Migrant English Program (AMEP)

Language, Literacy & Numeracy Courses

Computer Courses

Skills for Work, Life and Study

Neighbourhood House Community Programs



#### COURSE ENQUIRIES

For course enquiries, please contact us via:



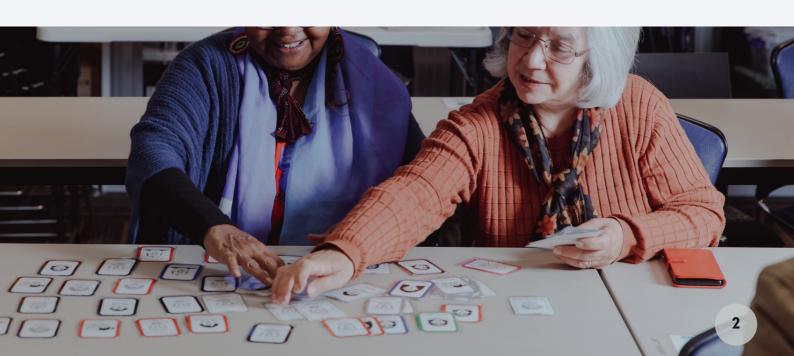


Phone:

(03) 9087 1155

Email:

olympic@oae.vic.edu.au



# **KEY INFORMATION**

#### O TERM DATES 2024

Term 1: 29th January - 28 March

**Term 2:** 15 April - 28 June

Term 3: 15 July - 20 September 7 October - 13 December

Olympic Neighbourhood House is closed on public holidays, term breaks and when advised by the office.



# **OUR VENUES**



Centre Hub

155 Oriel Road, Heidelberg West 3081



#### **Bellfield Community Hub**

15 Daphne Crescent, Bellfield 3084



#### The Mall, Post Office

31 - 37 The Mall, Heidelberg West 3081



#### **Southern Road**

233 Southern Road, Heidelberg West 3081

# ADULT MIGRANT ENGLISH PROGRAM (AMEP)



These courses are for those seeking a formal qualification and who want to improve their speaking, listening, reading and writing skills in English.

The AMEP is funded by the Australian Government. Eligible students can access free English tuition. Free childcare can be arranged for participants of this program.

You can enrol anytime, however an appointment is necessary to determine the correct course for you. These courses are subject to sufficient enrolments.

# ADULT MIGRANT **ENGLISH PROGRAM (AMEP)**

#### **English as an Additional Language Courses:**

#### 22636VIC Course in Initial EAL

These accredited classes are for learners who are beginning to develop initial speaking, listening, reading and writing skills in English. Learners can access this course through AMEP funding, depending on eligibility

DATES: Semester 1 - 29 January - 27 June 2024



#### TIME COMMITMENT

Monday - Wednesday 9.30am - 3.00pm

#### **LOCATION**

**Bellfield Community** Hub

#### 22637VIC Course in EAL

These accredited classes are for learners with basic English language skills who want to improve their speaking, listening, reading and writing skills. Learners can access this course through AMEP funding, depending on eligibility.

DATES: Semester 1 - 29 January - 27 June 2024



#### TIME COMMITMENT

Monday - Wednesday 9.30am - 3.00pm

#### LOCATION

Post Office: Mon - Tues The Hub: Wednesdays

#### 22638VIC Certificate I in EAL (Access)

These accredited classes are for pre-intermediate learners who want to develop their basic listening, speaking, reading and writing skills. Learners can access this course through AMEP funding, depending on eligibility.

DATES: Semester 1 - 29 January - 27 June 2024



#### TIME COMMITMENT

Wednesday - Friday 9.30am - 3.00pm

#### Q LOCATION

**Bellfield Community** 

#### 22639VIC Certificate II in EAL (Access)

These accredited intermediate classes are for learners who want to consolidate and further develop their listening, speaking, reading & writing skills. Learners can access this course through AMEP funding, depending on eligibility.

DATES: Semester 1 - 29 January - 27 June 2024



#### TIME COMMITMENT

Wednesday - Friday 9.00am - 2.30pm

#### Q LOCATION

The Post Office

# LANGUAGE, LITERACY & NUMERACY COURSES



These courses are for learners who are not looking for a qualification, but still want to learn some basic skills. They may assist as a pathway to further education, training and employment. You can enrol at any time. These courses are subject to sufficient enrolments.

The course costs are either on a term, semester or full year basis depending on the course. To be eligible for pre-accredited program Government funding, prospective learners must be:

- an Australian or New Zealand Citizen or holder of an Australian Permanent Visa. (Some Temporary Visas are also eligible).
- 17 years of age and over and not enrolled at school, or under 17 and not enrolled at school with an exemption from school.

Government subsidised students with a valid current concession card from Centrelink, are eligible for concession fees.

### LANGUAGE, LITERACY & NUMERACY COURSES

#### **Writers Workshop**

Adult literacy students will learn research and interview skills and extend their literacy skills by writing and publishing their work in a newsletter for the community. Students will have the thrill of seeing their writing in print!

WHO: suitable for students with English as an additional language OR students with English as their first language who want to work on their literacy skills.



#### ( TIME COMMITMENT

Tuesdays 12.30 - 300pm



#### **DATES**

6 February - 25 June



#### LOCATION

The Post Office

#### **Conversation & Pronounciation Skills**

This course will focus on increasing students' English speaking and listening skills. Students will receive instruction in pronunciation and grammar and will increase their English vocabulary. They will develop the confidence to communicate in formal and informal situations, including everyday situations and workplace settings.

WHO: suitable for students with English as an additional language



#### ( ) TIME COMMITMENT

Thursdays 9.30am - 12.00pm



#### **DATES**

8 February - 27 June



#### **LOCATION**

Bellfield Community Hub

#### **English Language Skills**

Our English Language Skills course will help you become more fluent when speaking, improve your understanding when listening and develop your reading and writing proficiency, all in a supportive environment with a qualified teacher.

WHO: suitable for students with English as an additional language OR students with English as their first language who want to work on their literacy skills.



#### ( TIME COMMITMENT

Thursdays 12.30 - 3.00pm



#### **DATES**

8 February - 27 June



#### **LOCATION**

Bellfield Community Hub

#### **Literacy for Work**

Suitable for students with additional needs who have minimal reading and writing skills. Classes are structured around learning numeracy, developing reading and writing skills and using computers.

WHO: suitable for students with additional needs who have minimal reading & writing skills.



#### ( TIME COMMITMENT

Thursdays 9.30am - 12.00pm



#### **DATES**

1 February - 27 June



#### **LOCATION**

The Post Office

#### Foundation Skills - Reading

Develop basic reading skills and strategies in a supportive environment. For beginning and emergent readers. This course is for those with English as their first language.

**WHO:** suitable for students with additional needs.



#### ( TIME COMMITMENT

Tuesdays 9.30am - 12.00pm



#### **DATES**

30 January - 25 June



#### **LOCATION**

The Hub - Oriel Road

#### Foundation Skills - Writing

Develop basic writing skills and strategies in a supportive environment. For beginning and emergent writers. This course is for those with English as their first language.

**WHO:** suitable for students with additional needs.



#### TIME COMMITMENT

Tuesdays 12.30 - 3.00pm



30 January - 25 June



#### LOCATION

The Hub - Oriel Road

#### Literacy & Numeracy (with Additional Support)

This course will focus on increasing reading, writing, speaking, listening and numeracy skills for students with additional needs. Learners will also focus on strategies to gain relevant life skills in order to participate in their community, including possible volunteer work/employment opportunities or further study options.

WHO: suitable for students with additional needs.



#### TIME COMMITMENT

Mondays 9.30am - 3.00pm



#### **DATES**

29 January - 24 June



#### O LOCATION

The Hub - Oriel Road

#### Literacy & Numeracy through Digital Learning

Designed for students with additional learning needs, this course uses technology as a tool to support literacy and numeracy learning. Students will gain from instruction in literacy and numeracy while also developing their computer skills. Tailored to meet the diverse needs of students with varying abilities, they will benefit from a supportive and inclusive learning environment.

WHO: suitable for students with additional needs.



#### ( TIME COMMITMENT

**Thursdays** 12.30 - 3.00pm



#### **DATES**

1 February - 27 June



#### **LOCATION**

The Hub - Oriel Road

# COMPUTER COURSES



These courses are for those wanting to learn how to use a computer and are suitable for those where English may be a second language. An appointment is necessary to determine the correct course for your skill and knowledge level.

The course costs are either on a term, semester or full year basis depending on the course. To be eligible for pre-accredited program Government funding, prospective learners must be:

- an Australian or New Zealand Citizen or holder of an Australian Permanent Visa. (Some Temporary Visas are also eligible).
- 17 years of age and over and not enrolled at school, or under 17 and not enrolled at school with an exemption from school.

Government subsidised students with a valid current concession card from Centrelink, are eligible for concession fees.

#### COMPUTER COURSES

#### **Computers for Beginners**

Learn the basics of how to use a computer from creating and saving files, exploring the internet and using email. Be introduced to various software packages including Microsoft Word, Excel and PowerPoint.

WHO: Suitable for beginners.



#### TIME COMMITMENT

Tuesdays 9.30am - 12.00pm



#### **DATES**

6 February - 25 June



#### **LOCATION**

The Post Office

#### Computers Intermediate

Take your computer skills to the next level. Build on your understanding of computer basics and develop your skills further to confidently use a range of software programs to create, edit, save and print formal and informal documents to suit various needs.

**WHO:** Suitable for students with an understanding of computer



#### TIME COMMITMENT

Mondays 9.30am - 12.00pm



#### **DATES**

29 January - 24 June



#### O LOCATION

The Post Office

#### **Computers Advanced**

Building on your understanding of various computer software programs, extend your knowledge and skills further to include critical thinking and problem-solving using technology. Develop the confidence to use technology fearlessly and the digital literacy skills needed for further study or employment.

WHO: Suitable for students with computer skills, looking to deepen their understanding.



#### ( TIME COMMITMENT

Mondays 12.30 - 3.00pm



#### **DATES**

29 January - 24 June



#### Q LOCATION

The Post Office

#### **Digital Essentials Level 1**

This course is an introduction to using different software and apps, smartphones, the internet, email, social media and how to stay safe online.

**WHO:** suitable for beginners.



#### (L) TIME COMMITMENT

Thursdays 9.30am - 12.00pm



#### DATES

1 February - 28 March



#### **LOCATION**

The Hub - Oriel Road

#### Digital Essentials Level 2

This course will extend the learner's understanding of technology. Topics covered during this course include how to create documents, presentations, research information and online shopping.

WHO: suitable for beginners.



#### ( TIME COMMITMENT

Term 2 time TBC.



#### **DATES**

Term 2 dates TBC.



#### **LOCATION**

The Hub - Oriel Road

#### Cybersafety

Join our Cybersafety course for an introduction to staying safe online, including email and text message safety. You will learn how to protect your computer from viruses and keep your personal data safe, how to make payments safely on the internet and how to recognise common scams.

WHO: suitable for beginners



#### ( TIME COMMITMENT

Mondays 3.30 - 6.30pm



29 January - 25 March



#### LOCATION

The Post Office

#### Computer Skills through Photography

In this hands-on course, you'll learn how to take photos, organise and email them and how to share them on social media safely, all while developing your skills using a computer or tablet. By the end of this course, you'll have the skills to learn digital marketing or pave your way to becoming a professional photographer or even videographer!

**WHO:** Suitable for learners with some computer experience.



#### TIME COMMITMENT

Wednesdays 3.30pm - 6.30pm



#### **DATES**

31 January - 27 March



#### O LOCATION

The Post Office

#### **Digital Marketing**

Learn marketing essentials for success and create a powerful online presence. Our hands-on workshops will empower you to craft engaging content, ensuring your platforms stay active and vibrant.

WHO: This course is ideal for small businesses and those wanting to move into a digital marketing career.



#### TIME COMMITMENT

Thursdays 3.30 - 6.30pm



#### DATES

1 February - 28 March



#### **LOCATION**

The Post Office

# SKILLS FOR WORK, LIFE & STUDY



These courses are for those wanting to move into further study, find paid employment or simply learn a new skill.

The course costs are either on a term, semester or full year basis depending on the course. To be eligible for pre-accredited program Government funding, prospective learners must be:

- an Australian or New Zealand Citizen or holder of an Australian Permanent Visa. (Some Temporary Visas are also eligible).
- 17 years of age and over and not enrolled at school, or under 17 and not enrolled at school with an exemption from school.

Government subsidised students with a valid current concession card from Centrelink, are eligible for concession fees.

# SKILLS FOR **WORK LIFE & STUDY**

#### **English for Aged Care**

This course will help improve your reading, writing and numeracy skills to help you find a job in Aged Care. Prepare to find work in an industry with excellent employment opportunities. This course is the perfect preparation for Certificate III in Individual Support (Ageing) and (Home and Community Care).

WHO: Suitable for students with English as an additional language or students with English as their first language who want to work on their literacy skills.



#### ( TIME COMMITMENT

To be confirmed



#### **DATES**

To be confirmed



#### **LOCATION**

To be confirmed

#### Introduction to Hairdressing

Are you passionate about hair and fashion? Turn your passion into a profession. This 5 day course will give you an introduction to the creative and exciting world of hairdressing. You will get a taste of what it is like to be an apprentice hairdresser. Taught by a qualified local hairdresser in a home salon, you will learn practical hairdressing skills and how to apply for an apprenticeship.

WHO: Suitable for beginners.



#### TIME COMMITMENT

To be confirmed



#### **DATES**

To be confirmed



#### **Q** LOCATION

To be confirmed

#### Introduction to Barbering

This five-day course will give you a taste of what it would be like to be an apprentice barber. It will be run in a barber shop and taught by a professional barber. You will learn about cutting, shaving, products, salon hygiene, operating the till, customer service, and much more. You will also be offered tips about applying for apprenticeships.

WHO: Suitable for beginners.



#### ( L) TIME COMMITMENT

5 weeks, every Mondays 9.30 am - 3.00pm



#### **DATES**

20 May - 24 June



#### Q LOCATION

To be confirmed

#### Communicating with Auslan

Learn to use Auslan in common situations to communicate with the Deaf community and people who are hard of hearing. Add to your resume and improve communication with students, patients and clients who are hearing impaired.

WHO: Suitable for beginners.



#### TIME COMMITMENT

To be confirmed



#### **DATES**

To be confirmed



#### **LOCATION**

To be confirmed

#### Introduction to Hospitality

This course will provide an introduction to the hospitality industry. Through practical, hands-on activities, learners will develop the skills and knowledge to take on an entry level position. The course will cover food handling, hygiene, customer service, communication skills and espresso coffee making. Pathways include further study at TAFE or employment in a cafe or restaurant.

WHO: Suitable for beginners & students with additional needs.



#### TIME COMMITMENT

To be confirmed



#### **DATES**

To be confirmed



To be confirmed

#### Job Search Skills/ Moving On

Designed to assist adult learners to identify and pursue their future pathways. Includes the hidden job market, networking, job applications, cover letters, resumes, interview skills and more.

**WHO:** Suitable for anyone wanting to pathway into further study or employment



#### TIME COMMITMENT

To be confirmed

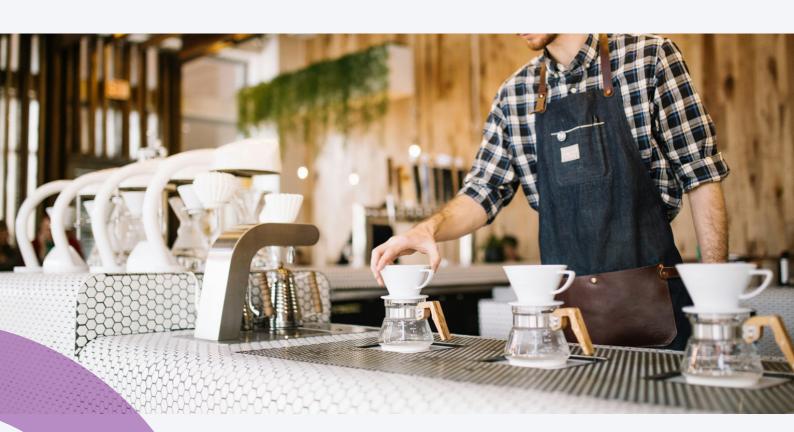


#### **DATES**

To be confirmed



To be confirmed



#### Soul Sisters 1

Are you looking to connect deeply with like-minded women, developing self-awareness, skills and strategies to support your life? Covering topics of women's health & wellbeing, financial management, training and employment and more.

WHO: Suitable for women.



#### TIME COMMITMENT

To be confirmed



#### **DATES**

To be confirmed



#### **LOCATION**

To be confirmed

#### Introduction to Horticulture

This course is a hands-on introduction to gardening and horticulture. The teacher will introduce students to a range of techniques, including weed and plant identification, pruning trees and other plants, companion planting and pest control, composting, using a range of tools and basic planting and landscaping techniques.

**WHO:** suitable for beginners or students with additional needs.



#### TIME COMMITMENT

Wednesdays 9.30am - 1.30pm



To be confirmed



#### O LOCATION

To be confirmed

#### Home Maintenance for Women

In this hands-on course, you will learn about various tools, how to use them safely, basic carpentry, plastering, changing tap washers and more. This course is designed for those who are new to home maintenance and don't know where to start. You will gain knowledge and the confidence to start to maintain and beautify your home.

WHO: Suitable for beginners.



#### TIME COMMITMENT

To be confirmed



#### **DATES**

To be confirmed



#### O LOCATION

To be confirmed

#### **Growing Food at Home**

No matter the size of your urban growing space, learn to grow nutrient-dense food, using regenerative gardening practices. Participants will gain knowledge and hands-on skills to plan and maintain an abundant year-round productive garden.

**WHO:** Suitable for beginners



#### ( ) TIME COMMITMENT

To be confirmed



#### **DATES**

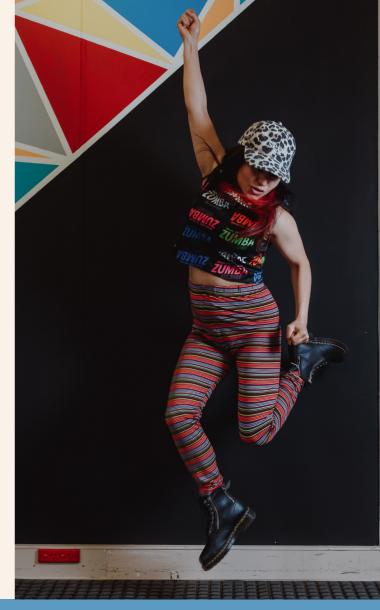
To be confirmed



#### LOCATION

To be confirmed

# NEIGHBOUR-HOOD HOUSE COMMUNITY ACTIVITIES



These activities are for those either wanting to move, to meet new people or look after their wellbeing.

Most of our neighbourhood house community activities are free or require a gold coin donation.

All of our neighbourhood house activities run during school terms.

# NEIGHBOURHOOD HOUSE **COMMUNITY ACTIVITIES**

#### K-Krafts & Arts

Learn new craft skills or bring along your own project and chat with like-minded people in a relaxed environment, with skilled helpers on hand.

**WHO:** All registered community members.



#### () TIME COMMITMENT

Tuesdays 10.00am - 12.00pm



#### **DATES**

30 January- 25 June, excluding school term breaks.



#### LOCATION

The Hub - Oriel Rd

#### Pot while you Potter

Do you enjoy pottering around the garden? Join others to help maintain the Hub Garden. Drop in and enjoy a cup of tea and chat. This is a great way to meet others and spend some time outdoors.

**WHO:** All registered community members.



#### TIME COMMITMENT

**Thursdays** 10.00am - 12.00pm



2 February - 22 June, excluding school term breaks.



#### **LOCATION**

The Hub - Oriel Rd

#### 3081 Sewing Group

A friendly group where participants meet weekly to share their skills around sewing, knitting and crafts. This group provides an informal, warm place to make friends, have a chat, practice your skills and learn from each other. Sewing machines are provided or you are welcome to bring your own.

WHO: All registered community members.



#### TIME COMMITMENT

Thursdays 1.00 - 3.00pm



#### DATES

8 February - 27 June, excluding school term breaks.



#### O LOCATION

The Hub - Oriel Rd

#### **Community Gardening Group**

Join others to help maintain the community garden. Drop in and enjoy a cup of tea and chat. This is a great way to meet others and spend some time outdoors.

**WHO:** All registered community members & approved volunteers.



#### ( TIME COMMITMENT

Mondays 10.00am - 12.00pm



#### DATES

29 January - 24 June



#### **Q** LOCATION

Southern Rd

#### Olympic Seniors Social Group

Meet new people, enjoy community activities, exercise and play bingo over afternoon tea.

Phone President Betty Dodd on 0409 522 717 or Jan on 0400 426 294 for more information.

WHO: All registered community members.



#### ( TIME COMMITMENT

Tuesdays 10.00am - 3.00pm



**DATES** 

30 January - 25 June



O LOCATION

Bellfield Community Hub

#### IT Hub

Free Wi-Fi is available on well-maintained computers. You are welcome to print, scan and photocopy at a small charge. The hub has community volunteers who can assist with some queries. Check the volunteer support timetable and complete an 'IT Hub Request Form'. Volunteer support timetables are available on the IT Hub door or contact the office on 9087 1155.

**WHO:** All registered community members. Sign in is required.



#### TIME COMMITMENT

Monday - Wednesday 10.00am - 3.00pm



29 January - 26 June



**O** LOCATION

The Hub - Oriel Rd

#### Volunteering

Olympic Neighbourhood House is supported by a large group of dedicated volunteers. Retired teachers, professionals, mums, university students and members of the local community. Volunteers share their interests & skills, run activities, provide classroom support, admin & concierge support and assist with programs, projects and events.

WHO: Official volunteers who have passed all relevant requirements



#### TIME COMMITMENT

Mondays - Sundays times dependent on activity.



#### **DATES**

As per timetable



#### **Q** LOCATION

All sites

# NEIGHBOUR-HOOD HOUSE PROGRAMS



These programs are for those either wanting to move, to meet new people or look after their wellbeing. We will offer a variety of special interest fee for service programs across the year. Check our website in the 'Whats On' section for the latest opportunities

The program costs are either on a term, semester or full year basis. If you are a Concession Card holder, you may be eligible for Government Subsidy.

## NEIGHBOURHOOD **HOUSE PROGRAMS**

#### Yoga

Join our yoga teacher- for a weekly 60 minute spacious offering of slow movement, stretching and rest. Angela intends for this space to offer time for connection and mindfulness. Everyone is welcome. Please bring along a yoga mat and come 10 minutes early for check in. \$5 per session or \$25 for the term

WHO: All registered community members.



#### ( L) TIME COMMITMENT

Wednesdays 9.45 - 10.45am



#### **DATES**

7 February- 26 June



#### **LOCATION**

**Bellfield Community Hub** 

#### **Tapping Techniques & Meditation**

Using gentle 'tapping' on acupressure points of the body. Our community volunteer will take you through tapping techniques and end with a heart-centred, nature based meditation.

WHO: All registered community members.



#### TIME COMMITMENT

Mondays 1.00 - 3.00pm



#### **DATES**

19 February - 25 March



#### **LOCATION**

The Hub - Oriel Rd

#### Floral arranging, drawing to painting, fondant icing workshop, beauty/ make-up, mosaic and Photography.

These one-off fee for service neighbourhood house workshops will be run throughout the year. Keep your eye out on the confirmed dates.

WHO: All registered community members.



#### (I) TIME COMMITMENT

To be confirmed.



#### DATES

During the school term.



#### **LOCATION**

To be confirmed.



# **NEIGHBOURHOOD** HOUSE PROGRAMS

#### Yoga

Join our yoga teacher- for a weekly 60 minute spacious offering of slow movement, stretching and rest. Angela intends for this space to offer time for connection and mindfulness. Everyone is welcome. Please bring along a yoga mat and come 10 minutes early for check in. \$5 per session or \$25 for the term

WHO: All registered community members.



#### (L) TIME COMMITMENT

Wednesdays 9.45 - 10.45am



#### **DATES**

7 February- 26 June



**LOCATION** 

Bellfield Community Hub

#### Floral arranging, drawing to painting, fondant icing workshop, beauty/ make-up, mosaic and Photography.

These one-off fee for service neighbourhood house workshops will be run throughout the year. Keep your eye out on the confirmed dates.

WHO: All registered community members.



#### TIME COMMITMENT

To be confirmed.



#### **DATES**

During the school term.



#### **LOCATION**

To be confirmed.



# OUR PROJECTS



We undertake projects in response to community needs as identified through community consultation, surveys and word of mouth.

Projects are selected based on Olympic Neighbourhood House strategic planning goals and objectives.

#### **OUR PROJECTS**

#### Somatic Dance for Neurodiverse 8 – 15 years

Body connection, frequency, sensory movement, dance, and creativity. Our fabulous dance instructors and mentors Carolyn and Brendan will run these classes. Various dance forms will be selected based on participants' interests.

WHO: Children and young people 8-15 who fit the criteria.

#### ( TIME COMMITMENT

Saturdays with times to be confirmed.



#### **DATES**

During school term



#### **LOCATION**

To be confirmed

#### Volunteering

Olympic Neighbourhood House is supported by a large group of dedicated volunteers. Retired teachers, professionals, mums, university students and members of the local community. Volunteers share their interests & skills, run activities, provide classroom support, admin & concierge support and assist with programs, projects and events.

WHO: Official volunteers who have passed all relevant requirements



#### ( TIME COMMITMENT

Mondays - Sundays times dependent on activity.



#### **DATES**

As per timetable



#### **LOCATION**

All sites



#### **OUR PROJECTS**

# Cool Connections – Laptop refurbishment program

Are you a student? Do you need a laptop to help complete your studies and stay connected? Are finances a challenge, and \$500-\$1000 for a laptop puts you out of the running? Complete and submit a 'Laptop Request' form. Contact the office on 9087 1155 to apply.

Are you upgrading your laptop? Want to help community members doing it tough? Donate your laptops to the Cool Connections Laptop Refurbishment Program. All donated laptops will have their hard drives completely overwritten with zeros prior to refurbishment.

**WHO:** Students in need across Banyule and the northern suburbs, who fit the criteria.

TIME COMMITMENT

By appointment

**DATES** 

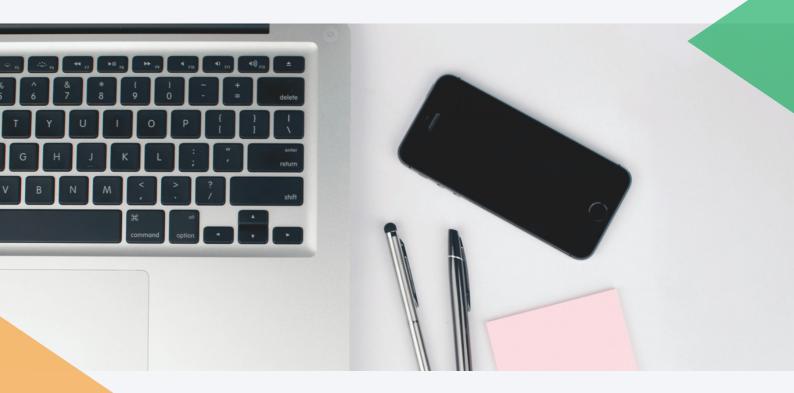
During school term

**Q** LOCATION

The Hub - Oriel Rd

S COST

Successful students who fit the criteria are required to pay \$30 administration fee



# OUR EVENTS



Throughout the year we offer numerous events to bring people together and build community bonds. Join us at our next event!

#### **OUR EVENTS**

#### **Tea Ceremony Cultural Event**

A special cross-cultural event where the history and traditions from 5 cultures with regard to tea will be shared across our community. This will include indigenous bush teas and damper and Wayuper moving meditation and knowledge sharing

**WHO:** All interested community members.

#### TIME COMMITMENT

To be confirmed

#### DATES

26 March

#### **Q** LOCATION

Bellfield Community Hub

#### Winter Community Soup Kitchen

Come and make, serve and enjoy a yummy soup. This program runs every third Thursday of the month during winter.

WHO: All interested community members.

#### TIME COMMITMENT

11.00am - 1.30pm



20 June, 18 July, 15 August

LOCATION

The Hub - Oriel Rd

#### Volunteer Expo & Celebration

Come and learn about volunteering at Olympic Neighbourhood House and appreciate the work of our amazing volunteers.

**WHO:** Volunteers and interested community members.

#### TIME COMMITMENT

Thursday 11.00am - 2.00pm

DATES
12 December

LOCATION

The Hub - Oriel Rd

# WHAT'S NEXT?





2

3

Express your interest & Enrol

- Browse our courses, programs & community activities.
- Visit us at the Hub, or contact our team via phone or email to find out more about our programs.
- Complete all relevant paperwork including an enrolment form.

#### WE ARE HERE TO SUPPORT YOU



Send us an email at: olympic@vic.edu.au



Call us on: (03) 9087 1155



Visit our website: https://www.oae.vic.edu.au/